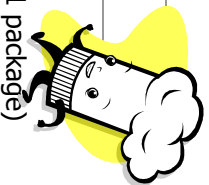


Youth Ministry Tacos Serves 4-6



Ingredients:

- | | |
|----------------------------------|---------------------------------------|
| 1 lb Ground Beef (extra lean) | 1/4 Cup of taco Seasoning (1 package) |
| 1/2 Med to LG Yellow Onion Diced | 2/3 Cup of water |
| 1/2 Red Bell Pepper Diced | Salt and Pepper to Taste |
| 1 Jalapeño Pepper Diced | |

Directions:

1. Brown the meat onion, red pepper & jalapeño together
NOTE: if you want to cook meat 1st & drain grease, add the onion & peppers after the meat is drained
2. Add water & taco seasoning, salt & pepper, let simmer on low with a lid on until the fixings are ready

Tip: For your fixings consider hard or soft shells, refried beans, cheese, lettuce, salsa, sour cream avocado, diced tomatoes, hot sauce